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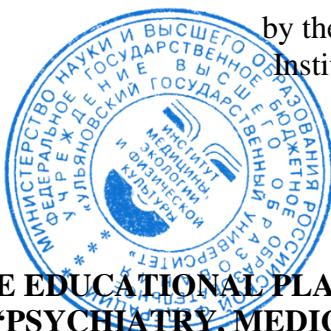
**APPROVED BY**

by the decision of the Academic Council of the USU  
Institute of Medicine, Ecology and Physical Culture

16.05.2024 Record no. 9/260

Chairman \_\_\_\_\_ Mashin V.V.  
(signature, name)

« 16 » May 2024.



**THE EDUCATIONAL PLAN OF THE DISCIPLINE  
“PSYCHIATRY, MEDICAL PSYCHOLOGY”**

Discipline	Psychiatry, Medical Psychology
Faculty	Medical faculty of T.Z. Biktimirov
Department	Psychiatry, Narcology and Medical Psychology
Course	5

Direction (specialty) 31.05.01 General medicine

the code of the direction (specialty), full name

Orientation (profile/specialty) not provided

full name

Form of training full-time

full-time, part-time, part-time (specify only those that are being implemented)

Date of introduction into the academic process at Ulyanovsk State University:

« 01 » September 2024 r.

The program was updated at the meeting of the department: № \_\_\_\_\_ of \_\_\_\_\_ 20\_\_.



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The program was updated at the meeting of the department: № \_\_\_\_\_ of \_\_\_\_\_ 20\_\_.

Information about the authors:

Full name	Abbreviation of the department	Academic, degree, title
Sabitov I.A.	Psychiatry, Narcology and Medical Psychology	Candidate of Medical Sciences, Associate Professor

AGREED	AGREED
Head of department, developing discipline	Head of the graduating Department
 _____ / Sabitov I.A. / « 15 » May 2024.	 _____ / Vize-Khripunova M.A. / « 15 » May 2024.

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## 1. OBJECTIVES AND AIM OF THE DISCIPLINE:

**The purpose** of mastering the discipline "Psychiatry, medical psychology" is to acquire knowledge of clinical manifestations, as well as the principles of diagnosis, treatment and prevention of mental and drug-related diseases.

**The objectives** of the discipline are:

- 1.formation of students ' ability to identify the leading symptoms and syndromes of mental diseases;
- 2.teaching students to provide mental patients with first aid in case of emergency conditions;
- 3.teaching students to choose the optimal treatment regimens for the most common mental illnesses;
- 4.formation at students of skills of communication with the patient taking into account ethics and deontology depending on the revealed pathology and characterological features of patients.


## 2. PLACE OF COURSE IN THE STRUCTURE OF GEP:

Academic discipline (module) "Psychiatry, medical psychology" B1.O.31 belongs to the cycle of professional disciplines of the Federal State Educational Institution of Higher Education. To study this educational discipline (module), the following knowledge, skills and abilities formed by previous disciplines are required: "Propaedeutics of internal diseases", "General Surgery", "Pharmacology", "Pathological Anatomy", "Dentistry", "Dermatovenerology", "Neurology, medical genetics, neurosurgery", "Otorhinolaryngology", "Pediatrics", "Faculty surgery", "Obstetrics and gynecology", "Facultative therapy", "Ophthalmology", "Occupational diseases".


## 2. LIST OF EXPECTED RESULTS OF INSTRUCTION ON THE SUBJECT (UNIT), CORELATED WITH PLANNED RESULTS OF COMPLETING THE PROGRAM

The study of the subject « Psychiatry, medical psychology » within the completion of the educational program is directed towards the formation of the following general and professional competences in students:

Code and name of the general professional competence	Code and name of the indicator of achievement of general professional competence
<b>GPC-7</b> The ability to prescribe treatment and monitor its effectiveness and safety	<b>to know:</b> classification and main characteristics of medicines, pharmacodynamics and pharmacokinetics indications and contraindications for the use of medicines, side effects; general principles of prescribing and composing prescription prescriptions of medicines; methods of treatment and indications for their use; the mechanism of therapeutic action of physical therapy and physiotherapy, indications and contraindications to their appointment, features of their implementation; types and methods of modern general anesthesia (mask, endotracheal, intravenous), prevention of postoperative pulmonary complications, - clinical and pharmacological characteristics of the main groups of drugs and rational choice of specific drugs in the treatment of major pathological syndromes of diseases and emergency conditions in patients, including the basics of anti-

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	<p>doping legislation..</p> <p><b>to be able to:</b> use physical, chemical and biological equipment; classify chemical compounds based on their structural formulas; predict the direction and result of physico-chemical processes and chemical transformations of biologically important substances; use the IUPAC nomenclature for compiling names according to formulas of typical representatives of biologically important substances and medicines; analyze the effect of medicines according to the totality of their pharmacological properties and the possibility of their use for therapeutic treatment; prescribe prescriptions for medicines, use various dosage forms in the treatment of certain pathological conditions, based on the characteristics of their pharmacodynamics and pharmacokinetics; apply basic antibacterial antiviral and biological drugs; evaluate possible manifestations of drug overdose and ways to eliminate them; to formulate indications for the chosen method of treatment, taking into account etiotropic and pathogenetic agents, to justify pharmacotherapy in a particular patient with major pathological syndromes and urgent conditions, to determine the route of administration, regimen and dose of medications, to evaluate the effectiveness and safety of the treatment; to apply various methods of drug administration</p> <p><b>to own to:</b> methods of analyzing clinical, laboratory and instrumental data to determine the algorithm of patient management, drawing up drug and non-drug treatment regimens.</p>
<b>GPC-11</b> The ability to prepare and apply scientific, research and production, design, organizational and managerial and regulatory documentation in the healthcare system	<p><b>to know:</b> the maintenance of standard accounting and reporting medical documentation in medical organizations; the basics of the technique of translating a scientific text in the specialty, the basics of annotating and referencing a scientific text; the main types of special dictionary and reference literature and the rules of working with it; the concept of science; classification of sciences; scientific research and its stages; methodological foundations of scientific knowledge, modern classification of diseases.</p> <p><b>Be able to:</b> use databases for storing and using information in healthcare; use computer programs to solve problems of mathematical statistics in professional activities; interpret and use data from the main instrumental methods of examination (ECG, ultrasound, X-ray, ECHO CS, FVD, FGDS, etc.), independently remove the ECG; correctly draw up documentation</p> <p><b>Possess:</b> the basics of working on a personal computer, the ability to maintain medical records</p>
<b>PC-2</b> Readiness to collect and analyze patient complaints, his anamnesis data, examination results, laboratory, instru-	<p><b>to know:</b> diagnostic methods, diagnostic capabilities of methods of direct examination of the patient of therapeutic, surgical and obstetric-gynecological profile; modern methods of clinical, laboratory, instrumental examination of patients (including endoscopic, X-ray methods, ultrasound diagnostics</p> <p><b>Be able to:</b> determine the patient's status: collect anamnesis,</p>

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mental, pathologic-anatomical and other studies in order to recognize the condition or establish the fact of the presence or absence of the disease	conduct a survey of the patient and/or his relatives, conduct a physical examination of the patient (examination, palpation, auscultation); conduct a primary examination of the systems and organs: respiratory, cardiovascular, blood and hematopoietic organs, digestive, endocrine and urinary; outline the scope of additional studies in accordance with the prognosis of the disease, to clarify the diagnosis and obtain a reliable result <b>Possess:</b> methods of general clinical objective examination (questioning, examination, palpation, percussion, auscultation) for diseases of internal organs; interpretation of the results of laboratory, instrumental diagnostic methods for pathology of internal organs.
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The process of studying the discipline is aimed at the formation of the following competencies: (GCC - general cultural competencies, PC - professional competencies, GPC - general professional competence).

#### 4. VOLUME OF THE SUBJECT

##### 4.1. Volume of the subject in credit points (total): 5 credit points

##### 4.2. On types of academic workload (in hours): 180/180\* hours


Type of academic work	Number of hours (form of education - full-time)		
	Total according to the plan	Including on semesters	
		№ semester	№ semester
		9	10
Work of students with a teacher	70/70*	70/70*	
Classes:			
lectures	10/10*	10/10*	
practical classes and seminars	60/60*	60/60*	
lab classes (practical lessons)			
Self-study work	74	74	
Concurrent control (number and type: a test, a colloquium, a report)	Tests. A survey on the topic. Verification of problem solving, abstract	Tests. A survey on the topic. Verification of problem solving	
Course paper			
Types of intermediate attestation - examination	Exam, 36/36*	Exam, 36/36*	
Total number of hours on the subject	180/180*	180/180*	

\*If it is necessary to use partially or exclusively remote educational technologies in the educational process, the table shows the number of hours of work of teaching staff with students for conducting classes in a remote format using e-learning.


##### 4.3. Contents of the discipline (module). Distribution of hours on themes and kinds of study: Number of hours – 180

The form of training: full time


Name of sections and themes	Total	Activity format			Form of current
		Classroom studies	Inter-	Self-	

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		lect.	pract.cl.	Laboratory work	active classes	study work	control
1	2	3	4	5	6	7	8
<b>Section 1. General psychiatry</b>							
1. Subject and tasks of psychiatry. Symptom, syndrome, nosological form in psychiatry. Principles of diagnosis in ICD-10	9	1	4			4	Tests. A survey on the topic. Verification of problem solving, abstract
2. Disorders of perception. Emotional (affective) disorders.	11	1	4			6	Tests. A survey on the topic. Verification of problem solving, abstract
3. Disorders of memory and intellect.	11	1	4			6	Tests. A survey on the topic. Verification of problem solving, abstract
4. Disorders of thinking. Delirium. Syndromes of delirium	11	1	4			6	Tests. A survey on the topic. Verification of problem solving, abstract
5. Disorders of consciousness and self-consciousness. Disorders of will, motor skills. Psychomotor agitation.	11	1	4			6	Tests. A survey on the topic. Verification of problem solving,


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							abstract
<b>Section 2. Private psychiatry</b>							
6. Reactive mental disorders. Neuroses. Personality disorder. Classification. Clinic. Therapy. Approaches for ICD-10	9	1	4			4	Tests. A survey on the topic. Verification of problem solving, abstract
7. Endogenous mental disorders. Schizophrenia. Treatment and rehabilitation. Manic-depressive psychosis. Types of flow. Schizoaffective psychosis. Cyclothymia.	9	1	4			4	Tests. A survey on the topic. Verification of problem solving, abstract
8. Endogenous-organic and exogenous-organic diseases of the brain. Epilepsy. Psychopathology of TBI. Mental disorders in infectious organic diseases. Symptomatic psychosis. Involutional psychoses. ICD-10 approaches.	9	1	4			4	Tests. A survey on the topic. Verification of problem solving, abstract
9. Alcoholism. Alcoholic psychosis. Features of alcoholism in women, adolescents. Therapy. ICD-10 approaches.	9	1	4			4	Tests. A survey on the topic. Verification of problem solving, abstract
10. Drug and substance abuse. Clinic of certain types of drug addiction substance abuse.	9	1	4			4	Tests. A survey on the topic. Verification of problem solving, abstract
<b>Section 3. Medical psychology</b>							
11. Subject, tasks, methodo-	8		4			4	Tests.

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logical aspects of medical psychology, its place in the practice of the doctor							A survey on the topic. Verification of problem solving, abstract
12. Psychodiagnostics in medical psychology	10		4			6	Tests. A survey on the topic. Verification of problem solving, abstract
13. Psycho-emotional stress and its consequences	10		4			6	Tests. A survey on the topic. Verification of problem solving, abstract
14. Mechanisms of psychological protection and mechanisms of coping with stress in the system of psychosocial adaptation	10		4			6	Tests. A survey on the topic. Verification of problem solving, abstract
15. Psychology of deviant behavior	8		4			4	Tests. A survey on the topic. Verification of problem solving, abstract
Subtotal	144 (180 with exam)	10	60			74	



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## 5. COURSE CONTENT

### Section 1. General psychiatry

#### Topic 1. Subject and tasks of psychiatry.

The main stages of development of psychiatry. Social aspects of psychiatry. Legal framework for the provision of mental health care. Symptom, syndrome, nosological form in psychiatry. Principles of diagnosis in ICD-10.

#### Theme 2. Disorders of perception and mood.

Senestopatii. Illusions. Hallucinations. Pseudo-hallucinations. Emotional (affective) disorders. Classification. Depressions. Manias. Dysphoria. The syndrome of anxiety. Somatized depression. Pathological affect.

#### Theme 3. Memory and intelligence disorders.

Classification and clinic of memory disorders. Syndromes of memory disorders. Oligophrenias. Dementias. Mental infantilism.

#### Theme 4. Disorders of thinking.

Definition. Classification. Taha and bradyphrenia. Labyrinth thinking. Incoherence. Autistic thinking. Symbolization. Logic-chopping. Delirium. Signs of delirium. Supervaluable idea. Kandinsky-Clerambault Syndrome. Syndromes of delirium

#### Topic 5. Disorders of consciousness and self-consciousness, will and motor skills.

Definition. Classification. The Jaspers Triad. Syndromes of qualitative disorders of consciousness. The concept of criticality in psychiatry. Syndromes of volitional disorders. Classification. Motor disorders. Stuporous States. Psychomotor agitation. Kinds.

### Section 2. Private psychiatry

#### Theme 6. Reactive mental disorders.

The concept of psychological trauma. Classification. Reactive psychosis. Classification. Clinic. Neuroses. Classification. Clinic. Post-traumatic stress syndrome. Personality disorder. Classification. Clinic. Dynamics (compensation-decompensation). Social significance. Therapy. Approaches for ICD-10

#### Theme 7. Endogenous mental disorders.

Schizophrenia. Etiopathogenesis. Prevalence. Types. Clinic. Forms of flow. The concept of remission, intermission, defect. Treatment and rehabilitation. Manic-depressive psihoz. Types of flow. Schizoffective psychosis. Cyclothymia.

#### Theme 8. Endogenous-organic and exogenous - organic diseases of the brain.

Epilepsy. Paroxysms. Non-convulsive paroxysms. Personality change. Epileptic psychosis. Psychopathology of TBI. Mental disorders in infectious organic diseases. Symptomatic psychosis. ICD-10 approaches. Involutional psychoses. Senile dementia. Vascular psychosis. Pick's Disease. Alzheimer. Mental changes in Parkinson's disease. Classification. Features of therapy. ICD-10 approaches.

#### Theme 9. Alcoholism.

Classification. Clinic. Etiopathogenesis. Alcoholic psychosis. Features of alcoholism in women, adolescents. Therapy. ICD-10 approaches.

#### Topic 10. Drug and substance abuse.


Definition. Classification. Clinic of certain types of drug and substance abuse. Comorbid-owned condition. Treatment. Prevention. The approaches in ICD-10. Prevention of drug addiction and rehabilitation of drug addicts

### Section 3. Medical psychology

#### Theme 11. Subject, tasks, methodological aspects of medical psychology, its place in the practice of the doctor.

History of formation of medical and psychological knowledge. The subject of medical psychology. Purposes. Tasks. Structure. Definition of ethics and deontology. Features of the relationship between the doctor and the patient. Types of psychological interaction. Establishing psychological contact with patients. Listening and persuading patients. Typology of doctors. The images of the "ideal doctor" and "ideal pa-



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tient".

**Theme 12. Psychodiagnostics in medical psychology**

Psychodiagnostics. Purposes. Tasks. Areas of practical application. Classification of methods. Clinical and psychological method. The clinical interview. Clinical interview: types, stages, structure, principles. Method of observation. Content analysis. Experimental psychological research. Neuropsychological and pathopsychological research. Standardized method. The concept of psychological test.

Research of individual psychological features of the person. Projective methods.

**Theme 13. Psycho-emotional stress and its consequences.**

Cause of stress. Classification. Model of burdening and protective factors in the period of development and formation of the child's personality. The stages of mental and emotional stress. Alarm as a signal of violation of adaptation. Types of alarm. An alarming number. Stress sub-syndromes. Psycho-prevention. Psychogenic illness. Classification of psychogenic disorders. Prolactica.

**Theme 14. Mechanisms of psychological protection and mechanisms of coping with stress in the system of psychosocial adaptation.**

Definition. Tasks. Education in ontogenesis. Classification and content characteristics of psychological defense mechanisms. Coping-behavior and coping mechanisms with stress. The theory of "coping". Coping (definition, structure, function, species). Distinctive features of psychological defense mechanisms and coping mechanisms.

**Topic 15. Psychology of deviant behavior.**

Deviant behavior, types and forms of behavioral deviations, features of delinquent behavior. The concept of addiction, types of addictive behavior, mechanisms of formation, the importance of social factors, adolescence - as a risk factor for the formation of addictive behavior. Aggressive and autoaggressive behavior, forms of manifestation of suicidal activity. Eating disorders (anorexia nervosa, bulimia nervosa). Sexual deviations.

**6. TOPICS OF PRACTICAL CLASSES AND SEMINARS (FOR DISCUSSING AND SELF-PREPARING OF STUDENTS)**

**Section 1. General psychiatry**

**Theme 1. Subject and tasks of psychiatry. The main stages of development of psychiatry.**

**Questions to the topic:** Social aspects of psychiatry. The legislative framework for the provision of mental health care. Symptom, syndrome, nosological form in psychiatry. Principles of diagnostics in ICD-10.

**Theme 2. Disorders of perception and mood.**

**Questions to the topic:** Senestopathies. Illusions. Hallucinations. Pseudo-hallucinations. Emotional (affective) disorders. Classification. Depressions. Manias. Dysphoria. The syndrome of anxiety. Somatic depression. Pathological affect.

**Theme 3. Memory and intelligence disorders.**

**Questions to the topic:** Classification and clinic of memory disorders. Syndromes of PA-Chi disorders. Oligophrenias. Dementias. Mental infantilism.

**Theme 4. Disorders of thinking.**

**Questions to the topic:** Definition. Classification. Tact and bradyphrenia. Labyrinth thinking. Incoherence. Autistic thinking. Symbolization. Logic-chopping. Delirium. Signs of Delirium. Supervaluable idea. Kandinsky-Clerambault Syndrome. Syndromes of delirium


**Theme 5. Disorders of consciousness and self-consciousness, will and motor skills.**

**Questions to the topic:** Definition. Classification. The Jaspers Triad. Syndromes of qualitative disorders of consciousness. The concept of criticality in psychiatry. Syndromes of volitional disorders. Classification. Motor disorders. Stuporous States. Psychomotor agitation. Kinds.

**Section 2. General psychiatry**

**Theme 6. Reactive mental disorders.**

**Questions to the topic:** the Concept of Psychotrauma. Classification. Reactive psychosis. Classification. Clinic. Neuroses. Classification. Clinic. Post-traumatic stress syndrome. Personality disorder. Classifica-

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tion. Clinic. Dynamics (compensation-decompensation). Social importance. Therapy. Approaches for ICD-10

**Theme 7. Endogenous mental disorders.**

**Questions to topic:** Schizophrenia. Etiopathogenesis. Prevalence. Types. Clinic. Forms of flow. The concept of remission, intermission, defect. Treatment and rehabilitation. Manic-depressive psychosis. Types of flow. Schizoaffective psychosis. Cyclothymia.

**Theme 8. Endogenous-organic and exogenous-organic diseases of the brain.**

**Questions to topic:** Epilepsy. Paroxysms. Non-convulsive paroxysms. Personality change. Epileptic psychosis. Psychopathology of TBI. Mental disorders in infectious organic diseases. Symptomatic psychosis. ICD-10 approaches. Involutional psychoses. Senile dementia. Vascular psychosis. Pick's Disease. Alzheimer. Mental changes in Parkinson's disease. Classification. Features of therapy. ICD-10 approaches.

**Theme 9. Alcoholism.**

**Questions to the topic:** Classification. Clinic. Etiopathogenesis. Alcoholic psychosis. Features of alcoholism in women, adolescents. Therapy. ICD-10 approaches.

**The theme 10. Drug and substance abuse.**

**Questions to the topic:** Definition. Classification. Clinic of certain types of drug and substance abuse. Comorbid States. Treatment. Prevention. The approaches in ICD-10.

**Section 3. Medical psychology**

**Theme 11. Subject, tasks, methodological aspects of medical psychology, its place in the practice of the doctor.**

**Questions to the topic:** the History of the formation of medical and psychological knowledge. The subject of medical psychology. Purposes. Tasks. Structure. Definition of ethics and deontology. Features of the relationship between the doctor and the patient. Types of psychological interaction. Establishing psychological contact with patients. Listening and persuading patients. Typology of doctors. Images of the "ideal doctor" and "ideal patient".

**Theme 12. Psychodiagnostics in medical psychology**

**Questions to the topic:** Psychodiagnostics. Purposes. Tasks. Areas of practical application. Classification of methods. Clinical and psychological method. The clinical interview. Clinical interview: types, stages, structure, principles. Method of observation. Content analysis. Experimental psychological research. Neuropsychological and pathopsychological research. Standardized method. The concept of psychological test. Research of individual psychological features of the person. Projective technique.

**Theme 13. Psycho-emotional stress and its consequences.**

**Questions to the topic:** Causes of stress. Classification. The model of burdening and protective factors in the period of development and formation of the child's personality. The stages of mental and emotional stress. Alarm as a signal of violation of adaptation. Types of alarm. An alarming number. Stress sub-syndromes. Psychoprophylaxis. Psychogenic illness. Classification of psychogenic disorders. Prevention.

**Theme 14. Mechanisms of psychological protection and mechanisms of coping with stress in the system of psychosocial adaptation.**


**Questions to the topic:** Definition. Tasks. Education in ontogenesis. Classification and content characteristics of psychological defense mechanisms. Coping-behavior and coping mechanisms with stress. The theory of "coping". Coping (definition, structure, function, species). Distinctive features of mechanisms of psychological protection and coping mechanisms.

**Topic 15. Psychology of deviant behavior.**

**Questions to the topic:** Deviant behavior, types and forms of behavioral deviations, features of delinquent behavior. The concept of addiction, types of addictive behavior, mechanisms of formation, the importance of social factors, adolescence - as a risk factor for the formation of addictive behavior. Aggressive and autoaggressive behavior, forms of suicidal activity. Eating disorders (anorexia, bulimia). Sexual deviations.

**7. LABORATORY CLASSES**

*- This type of work is not provided by the Curriculum*


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## 8. SUBJECTS OF COURSE PAPERS, TESTS, ESSAYS


- *This type of work is not provided by the Curriculum*

## 9. QUESTIONS FOR EXAM ON DISCIPLINE "PSYCHIATRY, MEDICAL PSYCHOLOGY"

1. Subject and tasks of psychiatry. The main stages of development of clinical psychiatry, the principles of modern classification of mental diseases.
2. Organization of psychiatric care in Russia. The main provisions of the legislation on mental health care. Tactics of the doctor in the case of socially dangerous behavior in the mentally ill.
3. Concepts of health and norms in psychiatry. Risk factors for mental illness. Psychohygiene and psycho-prophylaxis (definition, objectives, importance).
4. Psychopathological symptoms and syndromes. The concept of psychosis. Productive and negative symptoms. Diagnostic and prognostic meaning of these concepts.
5. Methods of examination used in psychiatry. Rules of collection of anamnestic data, their analysis. The use of paraclinical methods (laboratory, instrumental and psychological), their diagnostic capabilities.
6. Disorders of perception (illusions, psychosensory disorders, true, pseudo-hallucinations). Diseases, in which most often there are violations of perception.
7. Objective signs of hallucinations.
8. Violation of associative activity (quantitative and qualitative disorders of the thinking process). The main symptoms, their diagnostic value.
9. Delirium (definition, clinical forms, diagnostic value, socially dangerous behavior of patients). Super-valuable ideas, their difference from delirium.
10. Obsessive-compulsive disorder (definition, types, diagnostic value). The difference between obsessions and delirium.
11. The main delusional syndromes (paranoid, paranoid, paraphrenic). Their dynamics, diagnostic value, socially dangerous behavior of patients.
12. Kandinsky-clerambault syndrome of mental automatism. Examples of various automatisms. Diagnostic value.
13. Memory disorders. Their main types. Diseases in which memory disorders are observed.
14. Korsakov syndrome, definition, psychopathological content, diagnostic value.
15. The concept of intelligence. Ways to assess intelligence and the degree of its decline. Oligophrenia(definition, causes, degree). The problem of social and labor adaptation in oligophrenia.
16. Dementia (definition, clinical variants). Types of acquired dementia, diseases with which they are associated.
17. Emotional disorders in a mental health clinic. The main symptoms and syndromes, their diagnostic value. Pathological affect.
18. Disorders of the will and instincts, their diagnostic value.


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19. Socially dangerous behavior of persons with disorders of the instincts. Apathetic-abulic syndrome.
20. Syndromes of affective disorders (depressive, manic, apathetic-abulic).
21. Definition, structure, concomitant SOMATO-vegetative disorders, diagnostic value.  
The concept of masked depression.
22. Catatonic syndrome, its main symptoms. Diseases in which it occurs.
23. Differences catatonic arousal from manic and catatonic stupor from depressive.
24. Forms of motor excitation, diseases in which they occur.
25. Tactics of the doctor in case of socially dangerous behavior, methods of cupping.
26. Clinical signs of disturbed consciousness. Syndromes of decrease in level of consciousness, their connection with various mental and somatic disorders.
27. Syndromes of clouding of consciousness, their structure, dynamics, diagnostic value.
28. Socially dangerous behavior of persons with clouding of consciousness.
29. Paroxysmal phenomena (seizures epileptic, hysterical, diencephalic, epileptic status, special States of consciousness). Their diagnostic value.
30. Violations of physiological functions (appetite, sleep, sexual functions) and somatic disorders as symptoms of mental diseases.
31. The concept of hysterical conversion, examples of hysterical somatic and neurological disorders.
32. Asthenic syndrome, psychopathological content, diagnostic value, examples of diseases in which it occurs.
33. Hypochondriac syndrome. The concept of delusional, super-valuable and obsessive forms of hypochondria. Link hypochondria with senestopatii. Differential diagnosis with somatic diseases. Socially dangerous behavior.
34. Dymorphomania syndrome (dymorphophobia). Anorexia nervosa as an example of dymorphomania. Diagnosticvalue. Doctor's tactics.
35. The main types of biological therapy of mental diseases, classification of psychopharmaceuticals, the spectrum of therapeutic activity. Change in the organization of psychiatric care in connection with the advent of psychopharmacotherapy.
36. Neuroleptic (antipsychotic) means. Group of drugs at the chemical structure and the predominant effects. Spectrum of therapeutic activity, indications, contraindications.
37. Effect of neuroleptics on SOMATO-vegetative sphere, side effects and complications. The concept of neuroleptic syndrome, its prevention and therapy.
38. Antidepressants. The main classes, the range of therapeutic activity, indications, contraindications, side effects and complications. Normothymic drugs (lithiumsaltsand others).
39. Benzodiazepine and non-benzodiazepine tranquilizers. Their use in psychiatric and General somatic practice. Spectrum of therapeutic activity. Side effects, complications.
40. Nootropic drugs, their therapeutic range. Psychostimulants, side effects, dangers associated with the use of psychostimulants.
41. Typical manifestations of various organic diseases of the brain. The concept of psycho-organic syndrome. The importance of paraclinic methods in establishing an accurate diagnosis. Somatic diseases as the cause of psychogenic and exogenous mental disorders, the problem of iatrogeny. The main psychopathological syndromes: asthenia, affective syndromes, syndromes of violation of consciousness. Clinical example.


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42. Mental disorders in vascular diseases of the brain: cerebral atherosclerosis, hypertension. Their main manifestations. Therapy.
43. Mental disorders in the acute and long-term periods of traumatic brain injuries. Therapy.
44. Degenerative diseases of the brain in old age. Symptoms, medical tactics, prognosis. Differential diagnosis with atherosclerotic dementia and tumors.
45. Mental disorders in intracranial tumors. Early signs, methods of paraclinic diagnosis. Differential diagnosis.
46. General patterns and typical manifestations of exogenous mental diseases: intoxication, infection, trauma, radiation damage.
47. Tonic-clonic seizure. Clinical characteristics. Diseases in which it occurs. Different from a hysterical fit.
48. Epileptic disease. Definition. Clinic, current, prognosis. Diseases with which epileptic disease should be differentiated.
49. Epilepsy. Typical negative symptoms (personality changes). Clinic of epileptic dementia. Epileptic status, definition. Diseases in which it can be observed. Methods of cupping.
50. Clinic of acute alcohol intoxication. Degree of alcoholic intoxication. Diagnosis of alcohol intoxication. Pathological intoxication, diagnosis, forensic psychiatric assessment, cupping.
51. Chronic alcoholism (definition, stages of development, differences from domestic drunkenness). Current and forecast.
52. Basic principles of therapy of alcoholism. Treatment tasks at different stages. Specific therapeutic methods.
53. Withdrawal symptoms. Conditions and causes of its occurrence. Typical manifestations in various diseases.
54. Addiction (definition, the main criteria for the diagnosis of a substance classified as narcotics). Issues of prevention and therapy.
55. Toxicomanias. Addictive chemicals and drugs. Methods of prevention and therapy.
56. Alcoholic psychosis. Systematics. Conditions of occurrence. Forecast.
57. Tremens. Prodromal and extended period of psychosis. Psychopathological and somatic manifestations. Forecast.
58. Treatment of alcoholic delirium. Care and supervision.
59. Alcoholic hallucinosis. Clinic, course, outcome, therapy.
60. Korsakoff's psychosis. The main manifestations. Conditions of occurrence. Therapy. Forecast.
61. Schizophrenia (definition, diagnostic criteria, symptoms characteristic of all forms of schizophrenia, the main patterns of course). Symptoms of the initial period.
62. Schizophrenia. The main clinical (syndromal) forms. The relationship between the leading symptoms and the prognosis.
63. Schizophrenia. The main types of flow. Signs indicating a favorable and unfavorable prognosis in schizophrenia.
64. Manic-depressive psychosis (definition, basic patterns of course, clinical options, prognosis).
65. Manic-depressive psychosis. Typical clinical manifestations at different stages of the course. Diseases with which it is necessary to carry out differential diagnosis.



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66. Features of delusional and affective psychoses arising in old age (involutional melancholy and involutional paranoid). Features of therapy and prognosis.
67. Psychogenic diseases (General diagnostic criteria, systematics, course, prognosis). Groups of factors that are psychotraumatic for a person.
68. Reactive psychosis (causes, systematics, clinic, course, prognosis). Methods of therapy. Differential diagnosis with exogenous and endogenous diseases.
69. Neuroses (definition, conditions of occurrence, General criteria for selection, systematics, patterns of flow, prognosis).
70. Neurasthenia (conditions of occurrence, clinical manifestations, treatment, prognosis).
71. Obsessive-compulsive disorder: etiology, pathogenesis, clinical manifestations, treatment, prognosis. Diseases with which it is necessary to differentiate them.
72. Hysterical neurosis. Conditions of occurrence, clinical manifestations, their characteristics. Somatic and neurological disorders in hysteria. Doctor's tactics.
73. Psychopathy (definition of essence, causes, diagnostic criteria, classification options, course and prognosis). The concept of compensation and decompensation.
74. Clinical variants of psychopathies, their manifestations, associated variants of decompensation, typical behavior in society.
75. Alcoholism in adolescents and women. Clinical features. The effect of alcohol on offspring.
76. Substance-induced psychosis. Leading syndromes and symptoms. Major industrial poisons, early symptoms of intoxication.
77. Medical psychology as a science: subject, tasks, structure.
78. The main stages of diagnostic listening and methods of influence in clinical interview (by A. Ivey).
79. Psychodiagnostics: definition, operational classification of techniques.
80. Psychodiagnostics: definition, classification of techniques on a subject orientation.
81. Characteristics of the method of clinical interviewing.
82. Characteristics of methods of observation, study of products of activity, content analysis.
83. Methods of experimental psychological research.
84. Temperament: definition, theory. Properties of temperament
85. Character: definition, comparative characteristics of harmonious and disharmonious traits.
86. The concept of character accentuations (classification of K. Leonhard and A. E. Lichko, dynamics), psychopathy (definition, clinical signs).
87. Personality: concept, characteristic in the light of various theories (psychodynamic, behavioral, existential-humanistic direction, theory of relations V. N. Myasishchev, works of S. L. Rubinstein and B. G. Ananiev).
88. The identity of the patient and the disease.
89. Stress: relevance of the problem, definition, classification.
90. Stages of stress. Forms of stress.
91. Anxiety as a signal adjustment disorders, types of anxiety, anxiety a number.
92. Mechanisms of psychological protection: definition, properties, classification, content characteristics.
93. Coping: definition, structure, classification, content characteristics.
94. Comparative characteristics of psychological defense mechanisms and coping strategies.
95. The concept of deviant behavior, its variants.
96. Addictive behavior: definition, psychological mechanisms, features of addictive personality. Classification and content characteristics of non-chemical and chemical addictions.
97. Aggression: definition, classification. Options for hetero - and autoaggressive behavior.

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98. Suicidal behavior: classification, determinants.

99. Suicidal behavior: mechanisms, stages of formation.


## 10. SELF-STUDY WORK OF STUDENTS

№	Name of the section / subject	Types of SSW	Total number of hours	Current control
<b>Section 1. General psychiatry</b>				
1	Subject and tasks of psychiatry. Symptom, syndrome, nosological form in psychiatry. Principles of diagnosis in ICD-10	Study of educational material Solve problems Abstract	4	Tests. A survey on the topic. Verification of problem solving, abstract
2	Disorders of perception. Emotional (affective) disorders.	Study of educational material Solve problems Abstract	6	Tests. A survey on the topic. Verification of problem solving, abstract
3	Disorders of memory and intellect.	Study of educational material Solve problems Abstract	6	Tests. A survey on the topic. Verification of problem solving, abstract
4	Disorders of thinking. Delirium. Syndromes of delirium	Study of educational material Solve problems Abstract	6	Tests. A survey on the topic. Verification of problem solving, abstract
5	Disorders of consciousness and self-consciousness. Disorders of will, motor skills. Psychomotor agitation.	Study of educational material Solve problems Abstract	6	Tests. A survey on the topic. Verification of problem solving, abstract
<b>Section 2. Private psychiatry</b>				
6	Reactive mental disorders. Neuroses. Personality disorder. Classification. Clinic. Therapy. Approaches for ICD-10	Study of educational material Solve problems Abstract	4	Tests. A survey on the topic. Verification of problem solving, abstract



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7	Endogenous mental disorders. Schizophrenia. Treatment and rehabilitation. Manic-depressive psychosis. Types of flow. Schizoffective psychosis. Cyclothymia.	Study of educational material Solve problems Abstract	4	Tests. A survey on the topic. Verification of problem solving, abstract
8	Endogenous-organic and exogenous-organic diseases of the brain. Epilepsy. Psychopathology of TBI. Mental disorders in infectious organic diseases. Symptomatic psychosis. Involutional psychoses. ICD-10 approaches.	Study of educational material Solve problems Abstract	4	Tests. A survey on the topic. Verification of problem solving, abstract
9	Alcoholism. Alcoholic psychosis. Features of alcoholism in women, adolescents. Therapy. ICD-10 approaches.	Study of educational material Solve problems Abstract	4	Tests. A survey on the topic. Verification of problem solving, abstract
10	Drug and substance abuse. Clinic of certain types of drug addiction substance abuse.	Study of educational material Solve problems Abstract	4	Tests. A survey on the topic. Verification of problem solving, abstract
<b>Section 3. Medical psychology</b>				
11	Subject, tasks, methodological aspects of medical psychology, its place in the practice of the doctor	Study of educational material Solve problems Abstract	4	Tests. A survey on the topic. Verification of problem solving, abstract
12	Psychodiagnostics in medical psychology	Study of educational material Solve problems Abstract	4	Tests. A survey on the topic. Verification of problem solving, abstract
13	Psycho-emotional stress and its consequences	Study of educational material Solve problems Abstract	4	Tests. A survey on the topic. Verification of problem solving, abstract
14	Mechanisms of psychological protection and mechanisms of coping with stress in the system of psychosocial adaptation	Study of educational material Solve problems Abstract	4	Tests. A survey on the topic. Verification

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				of problem solving, abstract
15	Psychology of deviant behavior	Study of educational material Solve problems Abstract	4	Tests. A survey on the topic. Verification of problem solving, abstract

## 11. EDUCATIONAL-METHODICAL AND INFORMATION SUPPORT OF DISCIPLINE

### a) List of recommended literature

#### a) Main literature:

1. Tsygankov, B. D. Psychiatry : textbook / B. D. Tsygankov, S. A. Ovsyannikov. - Moscow : GEOTAR-Media, 2022. - 464 с. - ISBN 978-5-9704-6515-8. - Текст : электронный // ЭБС "Консультант студента" : [сайт]. - URL : <https://www.studentlibrary.ru/book/ISBN9785970465158.html>

2. Koshechkin, V. A. Phthisiatry : textbook. / Koshechkin V. A. - Москва : ГЭОТАР-Медиа, 2019. - 256 с. - ISBN 978-5-9704-5302-5. - Текст : электронный // ЭБС "Консультант студента" : [сайт]. - URL : <https://www.studentlibrary.ru/book/ISBN9785970453025.html>

#### b) Additional literature:


1. Попеня И. С. Medical Psychology Course of lectures = Медицинская психология: курс лекций : пособие для студентов факультета иностранных учащихся : Manual for students of the Faculty for International Students / И. С. Попеня. - 2-е изд.. - Гродно : ГрГМУ, 2019. - 92 с. - ISBN 9789855951101. - Текст : электронный // ЭБС "Букап" : [сайт]. - URL : <https://www.books-up.ru/ru/book/medical-psychology-course-of-lectures-12052475/>

2. Introduction to medical psychology P. 1 = Введение в медицинскую психологию Ч. 1 / Л. А. Костина, М. А. Сергеева, А. С. Кубекова, В. П. Мамина. - Астрахань : Астраханский ГМУ, 2019. - 126 с. - ISBN 9785442404845. - Текст : электронный // ЭБС "Букап" : [сайт]. - URL : <https://www.books-up.ru/ru/book/introduction-to-medical-psychology-p-1-10827688/>

3. Introduction to medical psychology P. 2 = Введение в медицинскую психологию Ч. 2 / Л. А. Костина, В. П. Мамина, А. С. Кубекова, Т. В. Лукоянова. - Астрахань : Астраханский ГМУ, 2019. - 196 с. - ISBN 9785442405088. - Текст : электронный // ЭБС "Букап" : [сайт]. - URL : <https://www.books-up.ru/ru/book/introduction-to-medical-psychology-p-2-10827519/>

4. Правила оформления медицинской карты стационарного больного в психиатрической клинике = The rule of fulfilment of stationary patient case in the psychiatric clinic / А. В. Хрящев, М. К. Андреев, И. В. Романова, Т. С. Кириллова. - Астрахань : Астраханский ГМУ, 2019. - 30 с. - ISBN 9785442405354. - Текст : электронный // ЭБС "Букап" : [сайт]. - URL : <https://www.books-up.ru/ru/book/pravila-oformleniya-medicinskoj-karty-stacionarnogo-bolnogo-v-psihiatricheskoj-klinike-10854448/>

5 Sabitov I. A. Methodological instructions for practical exercises for students in the discipline «Psychiatry, medical psychology» for the specialty 31.05.01 «General medicine» / I. A. Sabitov; Ulyanovsk State University. - 2019. - Загл. с экрана; На англ. яз.; Неопубликованный ресурс. - Электрон. текстовые дан. (1 файл : 271 Кб). - Режим доступа: ЭБС УлГУ. -


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Текст : электронный. <http://lib.ulsu.ru/MegaPro/Download/MObject/8756>

### c) Educational- methodical

1. Sabitov I. A. Guide for student independent work by discipline «Psychiatry, medical psychology» for specialty 31.05.01 «Medical business», 31.05.02 «Pediatrics» / I. A. Sabitov; Ulyanovsk State University. - 2022. - 13 p. - Неопубликованный ресурс; На англ. яз. - URL: <http://lib.ulsu.ru/MegaPro/Download/MObject/13103>. - Режим доступа: ЭБС УЛГУ. - Текст : электронный.

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The position of the worker scientific library Full name signature data

### e) Professed data base, directory and search systems:

#### 1. Электронно-библиотечные системы:

1.1. Цифровой образовательный ресурс IPRsmart : электронно-библиотечная система : сайт / ООО Компания «Ай Пи Ар Медиа». - Саратов, [2024]. – URL: <http://www.iprbookshop.ru>. – Режим доступа: для зарегистрир. пользователей. - Текст : электронный.

1.2. Образовательная платформа ЮРАЙТ : образовательный ресурс, электронная библиотека : сайт / ООО Электронное издательство «ЮРАЙТ». – Москва, [2024]. - URL: <https://urait.ru> . – Режим доступа: для зарегистрир. пользователей. - Текст : электронный.

1.3. База данных «Электронная библиотека технического ВУЗа (ЭБС «Консультант студента») : электронно-библиотечная система : сайт / ООО «Политехресурс». – Москва, [2024]. – URL: <https://www.studentlibrary.ru/cgi-bin/mb4x>. – Режим доступа: для зарегистрир. пользователей. – Текст : электронный.

1.4. Консультант врача. Электронная медицинская библиотека : база данных : сайт / ООО «Высшая школа организации и управления здравоохранением-Комплексный медицинский консалтинг». – Москва, [2024]. – URL: <https://www.rosmedlib.ru>. – Режим доступа: для зарегистрир. пользователей. – Текст : электронный.

1.5. Большая медицинская библиотека : электронно-библиотечная система : сайт / ООО «Букап». – Томск, [2024]. – URL: <https://www.books-up.ru/ru/library/> . – Режим доступа: для зарегистрир. пользователей. – Текст : электронный.


1.6. ЭБС Лань : электронно-библиотечная система : сайт / ООО ЭБС «Лань». – Санкт-Петербург, [2024]. – URL: <https://e.lanbook.com>. – Режим доступа: для зарегистрир. пользователей. – Текст : электронный.

1.7. ЭБС Znanium.com : электронно-библиотечная система : сайт / ООО «Знаниум». - Москва, [2024]. - URL: <http://znanium.com> . – Режим доступа : для зарегистрир. пользователей. - Текст : электронный.

2. КонсультантПлюс [Электронный ресурс]: справочная правовая система. / ООО «Консультант Плюс» - Электрон. дан. - Москва : КонсультантПлюс, [2024].

3. eLIBRARY.RU: научная электронная библиотека : сайт / ООО «Научная Электронная Библиотека». – Москва, [2024]. – URL: <http://elibrary.ru>. – Режим доступа : для авториз. пользователей. – Текст : электронный

4. Федеральная государственная информационная система «Национальная электронная библиотека» : электронная библиотека : сайт / ФГБУ РГБ. – Москва, [2024]. – URL: <https://нэб.пф>. – Режим доступа : для пользователей научной библиотеки. – Текст :

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5. [Российское образование](http://www.edu.ru) : федеральный портал / учредитель ФГАУ «ФИЦТО».  
– URL: <http://www.edu.ru>. – Текст : электронный.

6. **Электронная библиотечная система УлГУ** : модуль «Электронная библиотека» АБИС Мега-ПРО / ООО «Дата Экспресс». – URL: <http://lib.ulsu.ru/MegaPro/Web>. – Режим доступа : для пользователей научной библиотеки. – Текст : электронный.

Инженер ведущий



Щуренко Ю.В.

2024

## 12. MATERIAL AND TECHNICAL SUPPORT OF DISCIPLINE:

### 1. The list of premises required for classroom training on the discipline.

1. Classrooms with couches and chairs – 4.
2. An auditorium equipped with simulation equipment is a simulation center.
3. Interactive stand of the nervous system to demonstrate the structure-a training simulator for the study of the CNS-1.

### 2. The list of the equipment necessary for carrying out classroom occupations on discipline.


1. Multimedia complex-1.
2. Personal computer – 4.
- 3 Tables on different sections of the discipline.
4. Videos on methods of clinical research of the patient-11.
5. "Reakor" - hardware complex for demonstration of medical procedures by feedback method
6. Electroencephalograph " Encephalan-EEGR-19-21»


## 13. SPECIAL CONDITIONS FOR STUDENTS WITH DISABILITIES

Training students with disabilities is carried out taking into account the peculiarities of psychophysical development, individual capabilities and health of such students. Education of students with disabilities can be organized in conjunction with other students, and separately. If necessary, students from among persons with disabilities (at the request of the student) may be offered one of the following options for the perception of information, taking into account their individual psychophysical characteristics:

- for persons with visual impairment: in printed form in large print; in the form of an electronic document; in the form of an audio file (translation of educational materials into audio format); in printed form in Braille; individual consultations with the involvement of a special translator; individual tasks and consultations.
- for persons with hearing impairment: in printed form; in the form of an electronic document; video materials with subtitles; individual consultations with the assistance of a sign language interpreter; individual tasks and consultations.
- for persons with musculoskeletal disorders: in printed form; in the form of an electronic document; in the form of an audio file; individual tasks and consultations."

If it is necessary to use partially or exclusively remote educational technologies in the educational process, the organization of work of teaching staff with students with disabilities is provided in an electronic information and educational environment, taking into account their individual psychological characteristics

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Developer  associate Professor Sabitov I. A.